

## Cowboy Soup

1 pound ground beef, browned and drained (I used turkey with a little beef bullion)  
1 can (14 ½ ounces) crushed tomatoes  
1 can (14 ½ ounces) diced tomatoes with green chilies, with liquid  
1 cans (15 ounces) whole kernel corn, drained  
½ cup dried minced onion  
1 box (6.8 ounces) Spanish rice with seasoning packet  
6 cups water

Combine all ingredients in greased 4 ½ to 6 quart slow cooker. Cover and cook on low heat 4-5 hours. Do not overcook. Makes 4-6 servings.

Top with grated cheese and sour cream, if desired. Serve with tortilla chips.

"101 Things To Do with a Slow Cooker" by Stephanie Ashcraft and Janet Eyring